



Step into Nature's Spa

**A la Carte Treatments to relax
and revive from head to toe!**

Detox Treatments - Body peelings

**Begin your spa experience,
by preparing your skin to absorb all the beneficial
effects of our thermal water!**

	Inhouse guests	External guests
Body peeling (20 min)	45.00	54.00
Energetic salt therapy (45 min)	78.00	95.00
Farmer's Steam bath (with eucalyptus) (20 min)	18.00	22.00
Kraxenofen Steam bath (20 min)	24.00	32.00
Oriental Bath (60 min)	76.00	91.00
Oriental Rasul ® (45 min)	85.00	99.00
Signature aromatherapy (with 30' massage) (60 min)	85.00	99.00
Sylla's thermal grotta (max 60 min)	22.00	25.00
Wine draft (30 min)	58.00	75.00

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Thermal mud - Balneotherapy

Be healthy, with the nature's power

	Inhouse guests	External guests
BE balanced / relaxed / healthy (20 min)	27.00	34.00
Ozonotherapy with thermal water (20 min)	37.00	44.00
Thermal bath CO ₂ (20 min)	37.00	44.00
Thermal fitobalnea soothing / relaxing bath (20 min)	37.00	44.00
Thermal hydromassage "Pacific" (20 min)	37.00	44.00
Thermal hydromassage "Caracalla" (20 min)	45.00	54.00
Half/Total mud therapy without bath (20 min)	51.00	60.00
Half body mud therapy with bath (40 min)	61.00	73.00
Total mud therapy with 15' massage (75*min)	95.00	115.00
Total mud therapy without massage (40 min)	79.00	95.00

Massages

**Specialized therapists and different types
of massages from all over the world, bring back
the balance to body & spirit**

	Inhouse guests	External guests
Anti-stress massage (30 min)	54.00	65.00
4 hands relaxing massage (45 min)	138.00	165.00
Deep tissue massage with "KOS PARIS" essential oils (60 min)	98.00	125.00
Candle massage (30 min)	57.00	70.00
Thermae Sylla full body massage with "KOS PARIS" essential oils ® (45 min)	89.00	106.00
Thin rain shower massage (30 min)	65.00	78.00
Thin rain shower (30 min)	30.00	35.00
Lymphatic massage (80 min)	115.00	138.00
Thermae Sylla VIP - grapes treatment (massage + back therapy) (45 min)	79.00	95.00
Lomi - Lomi (45 min)	79.00	95.00
Padabhyang - Ayurvedic foot massage (30 min)	50.00	60.00
Package (Pantai Luar & Pantai visage) (90* min)	165.00	195.00
Mini Pantai Luar (massage with pouches) (only back) (30 min)	74.00	89.00
Pantai Luar (massage with pouches) (60 min)	115.00	139.00
Reflexology (feet) (30 min)	54.00	65.00
Shirobhyang - Ayurvedic head massage (30 min)	64.00	85.00
Shirodhara (45*min)	94.00	125.00
Signature Ayurveda total body massage (90 min)	149.00	178.00
Traditional Ayuverdic full body massage (60 min)	125.00	155.00

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Moisturizing Treatments

Pamper and hydrate your body

	Inhouse guests	External guests
Chocolate body treatment (60 min)	75.00	90.00
Cleopatra's Bath (30 min)	75.00	95.00
Olive wonder "with the olive core" (30 min)	62.00	75.00
Pumpkin seed body wrap (30 min)	62.00	75.00
Men's moisturizing care (30 min)	75.00	95.00

Body Tightening

Body sculpting & toning

	Inhouse guests	External guests
Thermae Sylla Anti-cellulite treatment ® with "KOS PARIS" products (30 min)	62.00	75.00
Total seaweed treatment (30 min)	79.00	95.00
Ginger gold (with Indonesian dream) (45 min)	54.00	65.00
Local seaweed (30 min)	54.00	68.00
Sea water hydro massage jet (15 min)	25.00	30.00
Fat Determination	25.00	30.00
Intracellular cupping anti-cellulite massage (30min)	72.00	87.00
Tonic / slimming massage (30 min)	69.00	83.00

Facial Treatments

Treatments for anti-aging, radiance and hydration with the unique beauty products of Thermae Sylla

	Inhouse guests	External guests
Thermae Sylla Anti-Wrinkle facial ® (45 min)	65.00	81.00
Signature facial grapes treatment	108.00	130.00
Soin Restructurant et Lissant by BIOLOGIQUE RECHERCHE PARIS (60 min)	175.00	210.00
Booster VIP O ₂ by BIOLOGIQUE RECHERCHE PARIS (60 min)	175.00	210.00
Deep cleansing facial (60 min)	109.00	131.00
Intracellular facial cupping massage with essential oils (30 min)	68.00	82.00
Rejuvance - Natural lifting (45 min)	85.00	103.00
Facial treatment for men (45 min)	68.00	82.00
Holistic Ayurvedic facial (45 min)	85.00	103.00
Pantai herbal belle visage (30 min)	108.00	130.00
Regenerating eye treatment (25 min)	38.00	50.00
Whitening facial treatment (45 min)	54.00	64.00
Healing mud mask (30 min)	29.00	35.00

Pool and Physiotherapy Treatments

Specialized physiotherapy treatments

	Inhouse guests	External guests
Aqua aerobic (20 min)		25.00
Aqua bike / Aqua bike aerobic (20 min)	25.00	36.00
Electrotherapy x 2 (15 min)		31.00
Hydrokinesiotherapy (20 min)		44.00
Indoor - Outdoor pool (30 min)	Free	30.00
Inhalation (15 min)	18.00	22.00
Kinesiotherapy (20 min)		43.00
Therapeutic aqua gym (20 min)		39.00
Ultrasounds x 2 (15 min)		31.00
Watsu (Shiatsu in the water) (30 min)		75.00

Beauty Services

Our special beauty services to refine your look

Velvet hands and feet*

Kure Bazaar - Organic manicure (30 min)	34.00
Kure Bazaar - Organic pedicure (45 min)	42.00
Basic manicure (30 min)	22.00
Basic pedicure (45 min)	30.00
Simple Nail polish	10.00
Shellac removal	7.00
Express manicure by the pool (15 min)	15.00
Express pedicure by the pool (15 min)	18.00

Waxing

Half leg wax (30 min)	34.00
Lip / chin / eyebrows wax (15 min)	15.00
Upper leg / inner thigh wax (30 min)	26.00
Spa wax package (bikini & legs) (60 min)	72.00
Bikini / Armpit wax (45 min)	20.00
Men's wax	28.00
Eyebrows / Eyelashes dye	15.00 20.00

*Please note: as a natural thermal SPA, we do not have the facilities to apply shellac / acrylic polish.

Hair stylist on request

Yoga - Gym

Gym's daily visit	15.00
Monthly membership	80.00
Monthly membership Plus	110.00

Spa etiquette - Regulations

- * Opening hours: daily 09:00-20:00. Spa reception telephone number: 526, 527
- * You are kindly requested to arrive 10 minutes before starting your treatment.
- * Please take a shower prior to each treatment and the use of the swimming pools.
- * All programs and treatments are subject to availability and **you choose treatment (not therapist)**.
- * The spa reserves all rights to modify programs without previously notice.
- * In our spa you will find private lockers. The Management is not responsible for any loss of valuable items.
- * The official dressing for your access to the spa is your bathrobe and pool slippers.
- * Please ensure that your mobile phone and any electronic device are switched off during your visit at the spa and **please keep quiet in the pool area**.
- * Cancellation: A 24-hour cancellation notice is required. You will be charged 50% of the treatment cost if the appointment is cancelled less than 6 hours before starting time. There is a 100% charge for a "Non Show".
- * Entrance is permitted to the spa and fitness area for clients over than 15 years of age.
- * **Before your first spa treatment or use of the pool you have to visit our doctor.** Please let us know about your health status as well as for any allergies or other diseases that may be affected by the treatments.
- * For further information, please contact the Spa Reception. We will be happy to assist you.



TOP 10 - THE BEST IN THE WORLD
MEDICAL / THERMAL SPAS
Condé Nast Traveller - England